

## DR. KING'S 6 PRINCIPLE'S OF NONVIOLENCE

from Dr. King's book *Stride Toward Freedom*.

- PRINCIPLE 1:** Nonviolence is a way of life for courageous people.
- PRINCIPLE 2:** Nonviolence seeks to win friendship and understanding.
- PRINCIPLE 3:** Nonviolence seeks to defeat injustice not people.
- PRINCIPLE 4:** Nonviolence holds that suffering can educate and transform.
- PRINCIPLE 5:** Nonviolence chooses love instead of hate.
- PRINCIPLE 6:** Nonviolence believes that the universe is on the side of justice.

## MLK50 Forward

"2018 is truly a momentous year. It is the 50th anniversary of one of the most tragic, catalytic and meaningful events in American history: the assassination of Rev. Dr. Martin Luther King, Jr. Individuals and organizations around the globe will honor Dr. King on April 4, 2018 and throughout the year. 2018 also marks the 50th Anniversary of the founding of The Martin Luther King, Jr. Center for Nonviolent Social Change (The King Center). The King Center will be a home for global and national commemoration. In coalition with select partners, The King Center seeks to spark dialogue on some of the most pressing issues facing our nation and our world."

[mlk50forward.org](http://mlk50forward.org)

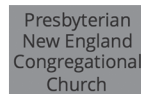
Please check our website for updates about how MLK Saratoga will honor this anniversary here in Saratoga Springs: [mlksaratoga.org](http://mlksaratoga.org)

### Interested in Volunteering?

MLK Saratoga needs help with marketing, social media, website, program and event planning, fundraising and more!!  
Visit [mlksaratoga.org/volunteer](http://mlksaratoga.org/volunteer)

2019 Dr. King Celebration Weekend:  
01/18/19 – 01/21/19

SPONSORED BY:



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RISE UP!

# 2018 Dr. Martin Luther King, Jr. Celebration Weekend

JANUARY 12 - 15

SARATOGA SPRINGS, NY

**"Injustice anywhere is a threat to justice everywhere." – Dr. King**

MLK Saratoga shares Dr. King's vision of peace and justice for all. We work toward peace by promoting racial, social, economic and climate justice. We use Performance, the Arts and Dialogue to create new ways of understanding and to build a more unified community.

[www.mlksaratoga.org](http://www.mlksaratoga.org)

# - SCHEDULE OF EVENTS -

## HONORARY COMMITTEE

Ellen & David Aimone  
Janet & Michael Casey  
Betsy Coffey  
Nancy Conant  
The Decresce-Lawson Family  
Rick Fenton & Holly Hammond  
Meg Gallien & Bill Hammond  
Barbara Glaser & Paul Zachos  
Sigrid Hammond  
Debbie Holland  
Julie & Art Holmberg  
Lois and Jim Holzman  
Mary Huber  
Catherine Lynn Hurley  
Margie Ingram & Joel Goodman  
Holly & Mark Lawton  
Ed and Lin Murphy  
Lee and Eva Nagel  
Laura Rappaport, Maddy & Andrew Blaha  
A.C. & John Riley  
Dee Sarno  
Dora Lee and William Stanley  
Pearl and Carl Strock  
Barb Thomas  
Caitlin Vollmer  
Dr. Michael Wayne, Licensed Acupuncturist  
Lin Whittle and Russ Pittenger

## SPONSORS

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Commission  
Soul Session Edu-tainment, Inc.  
TakingStage.org  
Temple Sinai  
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Saratoga Springs

## FOOD AND CATERING DONORS

Blessed Virgin Mary National Catholic  
Church of Latham  
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Hannaford Supermarket  
Karavalli  
Kru Coffee  
JUST Water  
The Lily and the Rose  
Lucky Peking  
Pope's Pizza  
Price Chopper  
Roma Foods  
Spring Street Deli  
Sushi Thai Garden  
Saratoga Juice Bar  
The Bread Basket Bakery  
The Fresh Market

## HOSPITALITY AND VENUE COORDINATION

Maple Avenue Middle School  
Saratoga Music Hall (Donny)  
Saratoga Springs Public Library  
Skidmore College

## 2018 PLANNING COMMITTEE:

Linda Cantave  
Elizabeth Conant  
Kelsey Cornell  
Lezlie Dana  
Ellen Egger-Aimone  
Hollyday Hammond  
Kelly Himsl Arthur  
Eva Nagel  
Garland Nelson  
Rachael Pietrocola  
Beth Rowen  
Dora Lee Stanley  
Amy Totino  
Lisa Woolfe  
SSHS Amnesty International

**Special thanks to all who  
presented, performed,  
donated, volunteered and  
collaborated to make this  
incredible weekend possible.**

## Friday: RESIST

### Opening Reception

6:00 to 7:00 pm  
JKB Theater's Lobby, Skidmore College

### 3rd Annual Dr. King Challenge

7:15 to 9:15 pm  
JKB Theater, Skidmore College

## Saturday: ENGAGE

### YouthQuake: A Day of Awareness for Teens

9:00 am to 3:30 pm  
Maple Avenue Middle School,  
Saratoga Springs

### Trailblazing Volunteer Training

Presented by Youth<sup>2</sup>  
11:45 am to 3:30 pm  
Maple Avenue Middle School,  
Saratoga Springs

### Dismantling Racism: Understanding Race and Privilege Workshop

Co-sponsored by Saratoga Unites  
Facilitated by Jean Fei  
12:30 pm to 2:30 pm, Dutcher Room  
Saratoga Springs Public Library

### Immigration & Human Rights: The Case for Central America

Co-sponsored by Saratoga  
Immigration Coalition  
Presented by Terry Diggory & Kevin O'Brien  
3:00 pm to 4:30 pm, Dutcher Room  
Saratoga Springs Public Library

### America's Family Tree

Co-sponsored by Frederick Allen Lodge #609  
and Mary A. Carter Temple #362  
Presented by Sharon Leslie Morgan  
3:30 pm to 5:30 pm, Frederick Allen Lodge  
69 Beekman St., Saratoga Springs NY

## Sunday: ORGANIZE

### The New Poor People's Campaign

Co-sponsored by Presbyterian New England  
Congregational Church  
Presentation and Discussion by Joe Paparone,  
Labor-Religion Coalition of NYS  
4:00 pm to 5:30 pm

### CommUnity Dinner & Jamm

5:30 pm to 6:30 pm: Soul Food Dinner  
6:30 pm to 8:15 pm: Entertainment by  
The Heavenly Echoes  
Presbyterian New England  
Congregational Church

## Monday: UNITE

### CommUnity Building through Community Service

9:30 am to 12:00 pm  
Registration at 9:15 am  
Dutcher Community Room  
Saratoga Springs Public Library

### Volunteers' Luncheon

12:30 pm to 1:30 pm, Dutcher Community Room  
Saratoga Springs Public Library



### CommUnity Celebration

Special Guest Artist-  
Activist: TAINA ASILI  
2:00 pm to 4:00 pm  
Saratoga Music Hall  
(above Town Hall)  
Hosted by Soulist -  
Garland Nelson

Francelise Dawkins' photo  
collage timeline of Dr. King's life  
will be on display